

## GUESSING MEANING OF UNKNOWN WORDS IN A TEXT

➤ Read the text below and tell what it is about in general?

### The secrets of long life

The island of Okinawa in Japan has some of the oldest people in the world. It's famous for its high number of centenarians who are above 100 years of age. There have been many scientific studies of their lifestyle and you can even buy cookery books that are based on their diets. You can read them and learn about their eating habits. Some of the reasons for their good health are that they ...

- go fishing and eat what they catch.
- regularly do gardening and grow their own fruit and vegetables.
- go cycling and never drive when they can walk.
- often spend time with friends. They meet at people's houses and play games.
- rarely purchase food from a supermarket, they grow their own food.
- do regular exercise, go swimming and lead active lives.

➤ Try to guess the meaning of the following words from the text.

1. 'centenarians' is closest in meaning to \_\_\_\_\_.

*Clues:*

2. 'based on' is closest in meaning to \_\_\_\_\_.

*Clues:*

3. 'purchase' is closest in meaning to \_\_\_\_\_.

*Clues:*

Read the text below and tell what it is about in general?

### Changing your life

Rich and Amanda Ligato were professional people with successful careers. Every week, they worked hard. They often **intended** to do something fun and exciting at the weekend but, in the end, there was never time. One day they asked themselves, 'Is this all there is?'

They realised that they wanted to stop working and to go travelling. Or, as Rich said, 'To buy our freedom.' But first they needed to save some money. Every month they **lived on** Rich's salary and saved Amanda's. Then they bought a campervan to travel from the bottom of South America to Brazil and from there they hoped to get to Africa on a container ship.

**Colleagues** at work found their decision difficult to understand. Even their closest friends thought they were crazy to go on this kind of journey but finally, the day came. They left their home and started to live their dream.

➤ Try to guess the meaning of the following words from the text.

1. 'intended' is closest in meaning to \_\_\_\_\_.

*Clues:*

2. 'lived on' is closest in meaning to \_\_\_\_\_.

*Clues:*

3. 'Colleagues' is closest in meaning to \_\_\_\_\_.

*Clues:*